Poster: Driver safety measures

Daily checks - checked 8 Nov 2026

Five things every truck driver does, every shift: know your load, manage fatigue and fitness, drive to the conditions, do your pre-start checks, and speak up about anything unsafe. Safety comes before delivery. Download the poster and put it up where your drivers will see it.

The five measures

1. Know your load

Make sure your load is safe and legal. Check your load restraint, and stay within mass limits.

2. Manage fatigue and fitness

Don't drive tired or unwell. Take your breaks, and stop if you feel fatigued.

3. Drive to the conditions

Drive to suit the truck, the load and the road. Slow down in poor conditions and leave extra stopping distance.

4. Do your pre-start checks

Check brakes, tyres, wheels and lights. Report faults straight away, and don't drive an unsafe vehicle.

5. Speak up and report

Report hazards, faults and near misses. Don't accept instructions that aren't safe. Safety comes before delivery.

Safety is everyone's responsibility

Under the chain of responsibility, everyone who controls or influences transport work - not just the driver - must make sure it is done safely. No one should ask a driver to break the rules to make a delivery.

Using the poster

- Put it up where drivers start and finish their shift.
- Use it to start a toolbox talk - pick one measure each week.
- Ask drivers which measure is hardest to stick to, and why.

Download the poster

The full A2 poster is attached to this post as a PDF. Print it on A3 or A2 for your yard, lunchroom or depot.

General information, not legal or medical advice.

Sources

NHVR - Regulatory advice: the primary duty - https://www.nhvr.gov.au/safety-accreditation-compliance/chain-of-responsibility/regulatory-advice/the-primary-duty

NHVR - 2026 Master Code of Practice - https://www.nhvr.gov.au/safety-accreditation-compliance/industry-codes-of-practice/2026-master-code

NHVR - Work and rest hours - https://www.nhvr.gov.au/safety-accreditation-compliance/fatigue-management/work-and-rest-hours